



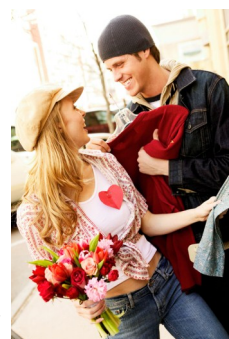
WINTER 2011-2012



Valentine News Bring You The Blues?

10 Tips For Healthy Dating

1. If you find that you are not really friends with someone you have a 'crush' on, let that be a warning signal that something is wrong.
2. Do not think that someone who has no character is going to develop it just because you want him or her to grow.
3. If being attracted to the wrong person is a pattern, do not blame it on external reasons, but take responsibility for being the one who has a problem and work on finding its cause.
4. Make yourself face the hard questions about the person you are with. With the help of friends, be honest about whether or not you really "like" the person as well as have "chemistry" with him or her. Romantic feelings can be very deceptive, and even pathological. They are not "true love."
5. Reserve your dating life for people actively involved in the growth process. Those who are taking ownership of their deficits are less likely to develop dependencies on the strengths of others.
6. Set boundaries on your tendencies to rescue each other from your character deficits. If you are the connector, don't do all the relational work for your date. If you are the assertive one, don't enable your date by doing all the confronting. Encourage, but don't rescue.
7. Make a distinction between attraction to a person based on your deficits, or someone's attraction to you based on their deficits and attraction to a person's uniqueness and differentness.
8. Make sure your dating relationship involves both love and truth. Challenge each other to grow. If your relationship is one of total comfort, you may be contributing to each other's spiritual laziness.
9. Be in the growth process yourself. Growth attracts growth. You will find yourself more drawn to others for healthy reasons and less attracted to others because of what you don't possess.
10. Normalize and identify each of your character deficits. Such issues as detachment, irresponsibility over responsibility, perfectionism, authority conflicts, and the like, should be topics you both can talk about personally, about yourself and each other. Be agents of growth, healing, and change for each other, specifically in these issues.



Quoted from "Boundaries in Dating" by John Townsend and Henry Cloud

HANDY WORK HELP



NO JOB TOO SMALL!

small repairs, diagnosis and/or second opinions

Call or email your requests to Christa.



FIRST & THIRD Thursdays:
9-11am

SECOND & FOURTH Thursdays:
4-6pm

FIFTH Thursdays:
closed

Please call or email Pastor Sharon at the church if you need to use the pantry.

Just for you—Save the date!

Every first Friday of the month, LANCASTER SCIENCE CENTER HAS FREE ADMISSION from 5pm-8pm. 454 New Holland Ave. Lancaster, PA 17602

DEC 17—Cookie Bake and lunch with Miss Reba at **9am at LCCS**.*

JAN 12—Building Successful SPF will meet **6:30pm Thursday for ten-weeks at the church**. Ruby Jones will be teaching on sexuality and relationships for single parents. Meal and childcare provided.*

JAN 12—Single & Parenting will meet **6:30pm Thursday for ten-weeks at the church**. This DVD series share tips and parenting wisdom that will help single parents find rest, hope and encouragement. Meal and childcare provided.*

JAN 29—Healing the Wounded Heart Post Abortion Reconciliation Seminar & Remembrance Service **9am-3pm** *You don't have to suffer silently...healing and freedom for lives affected by abortion.* **Contact Sharon at 656.4271 or sharonb@worshipcenter.org.**

FEB 12—Valentine Celebration with lunch at 12:30pm in Lancaster Room.

***Register you and your children with Christa.**

Stay Warm with Crockpot Meals



Broccoli-Cheese Soup

Prep Time: 10 mins.
Cooking Time: 8-10 hrs

2- 12oz cans evaporated milk

Cover.
Cook on Low 8-10 hours.

Ingredients:
2- 16oz packages frozen chopped broccoli

1/4 cup finely chopped onions

Garnish with sunflower seeds and cooked bacon if you choose.

1/2 tsp. seasoned salt

2- 10 3/4oz cans cheddar cheese soup

1/4 tsp. pepper

Taco Bake

Ingredients:
2 pounds ground beef, browned and drained.

2 envelopes taco seasoning

1. Combine ingredients, except cheese in slow cooker.

2 onions, chopped

1 pound macaroni, uncooked

2. cover; cook on low 6 - 8 hours or high 3 - 4 hours.

2 green chilies, diced

3/4 cup water

4 cups shredded cheese, cheddar

3. Top with cheese.

30 oz. tomato sauce

WINTER CRAFTS-Have fun with your kids CHEAP

Glittery Window Clings

Let the sun shine in through a few of these glittery window clings. They stick to glass and plastic but, unlike real snow, they are easy to remove!

Materials

- Paper and pencil
- Cookie sheet
- Waxed paper
- Dimensional fabric paint (such as Scribbles brand in Glittering Crystal)



Instructions

1. Lay the template faceup on the cookie sheet and cover it with the waxed paper.
2. Draw a snowflake template (small, compact designs work best),

3. Using a thin line of the fabric paint (approximately 1/8-inch wide), trace the snowflake design on the waxed paper as shown, making sure all of the paint lines connect. Let the window cling dry overnight, then carefully peel it from the waxed paper.



Hot Cocoa Cones... Great gifts

Ingredients:

- 3/4 cup of unsweetened cocoa powder
- 1 1/2 cups sugar
- 2 cups powdered instant milk
- 1 TBSP cinnamon (optional)

Mix all together in a large bowl. Will keep all winter. You use 3 TBSP with hot water for yummy hot cocoa.



Put some of the hot chocolate mix in a [cone shaped cello bag](#) and then double bag it in another. Then roll the inner bag down and tuck it in. Put all of this in a sturdy mug to hold it up for the kids while they do the next part. The kids add toppings, such as peppermint or instant coffee (for the mailman and the bus driver). You can use a red gumdrop on the top for the cherry. These would be a great favor gift for any winter birthday party. Maybe an activity for the tween sleepover?? You could use [sugar snowflakes](#) inside to make them more wintery or crushed hard blue mint candies. Or make it more "adult" and use candied ginger or dried orange zest. Yummy!



Pastor Sharon's Heart

When I was younger and dreamed of being a mother, I couldn't imagine that there could be many combinations and bonds of "mother" and "child" outside of biological mother and child. But as Jesus said of the woman who washed his feet with her tears and dried them with her hair, "She who has been forgiven much loves much." After receiving His love and forgiveness and with love for Jesus, and Christ's love compelling me to help and to influence women for Him, I began to see myself as a spiritual mother.

With a mother's heart, motivated by love to provide unconditional love and impart Christian character, I desire to show you how to live Christ-centered lives, to help you understand the heart of God and how to walk in that truth. And through Christ, help to heal the broken hearted, open blind minds, and set captives free from their prisons of shame, pain, doubt and fear.

As a spiritual mom, I want to point you in the right direction—God's direction. So you become dependent on Christ and His Word. I want to be an example and encourage you to turn to Christ in prayer and Bible reading for counsel, decisions and spiritual growth. So that you develop discernment and, confidence in God.

As Hebrews 6:12 shows, a spiritual mother does more than teach, she becomes the example. "Imitate those who through faith and patience inherit the promises." I love you and long for you to be all you can be, growing up in Christ, so that you in turn can be used by Him as an example and a spiritual mother to others.

Love,

Momma Sharon xo

God's Valentine Gift

God's Valentine gift of love to us was not a bunch of flowers;
It wasn't candy, or a book to while away the hours.

His gift was to become a man,
So He could freely give His sacrificial love for us,
So you and I could live.

He gave us sweet salvation, and instruction, good and true--

To love our friends and enemies and love our Savior,
too.

So as we give our Valentines, let's thank our Lord and King;

The reason we have love to give is that He gave everything.

By Joanna Fuchs



And you shall love the Lord your God with all your mind and heart and with your entire being and with all your might. —Deut. 6:5

Have an idea for a future issue? Want to make a comment or suggestion?
Call or email Christa at 717.656.4271 or christab@worshipcenter.org.