



Room TO Grow

HOME EDITION

Room to Grow: Home Edition, Part 3 [May 8/9 Notes] *Intimacy in Marriage*

Psalm 127:3-4 NLT; Proverbs 22:6 NLT; Mark 10:13-16 NLT

1. To be *intimate*...
 - “Belonging to one’s deepest nature”
(Ex. Mother nursing a child.)
 - “Marked by a warm friendship developing through long association”
 2. Intimacy has three parts: Spiritual, Emotional, and Physical.
- Genesis 2:18-25 NLT**
3. Intimacy is to be naked – spirit, soul, and body and have no shame.
 - To be able to share our lives openly and have no secrets.
 4. Spiritual Intimacy... **Genesis 2:23-24 NKJV**
 - Our personal relationship with God flows into our marriage.
 - A marriage relationship can overcome any challenge if there is a strong spiritual foundation.
 5. Emotional Intimacy...
 - Be a friend, not a metor. Don’t try to change each other.

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WORSHIP CENTER

Room to Grow: Home Edition, Part 3 [Notes Continued] *Intimacy in Marriage*

James 1:19 NLT

- Be affirming. It takes 12 compliments to neutralize 1 criticism.

6. Physical Intimacy...

I Corinthians 6:15-20 NLT; I Corinthians 7:1-7 NLT; Proverbs 5:15-19 NLT

- Growing apart just happens automaticallu.
- Building intimacy in our marriages is a daily intentional habit.

7. Why is intimacy important?

- Picture of Christ and the Church.
- Godly offspring is produced.
- Shows the power of unity.

Psalm 133 NLT

Weekly Bible Reading [May 9-15]

This week, be intentional to continue your Bible reading. Consider reading along with Pastor Sam....

- **Sunday** Psalm 129, Proverbs 9, Mark 12, Acts 9, Revelation 8
- **Monday** Psalm 130, Proverbs 10, Mark 13, Acts 10, Revelation 9
- **Tuesday** Psalm 131, Proverbs 11, Mark 14, Acts 11, Revelation 10
- **Wednesday** Psalm 132, Proverbs 12, Mark 15, Acts 12, Revelation 11
- **Thursday** Psalm 133, Proverbs 13, Mark 16, Acts 13, Revelation 12
- **Friday** Psalm 134, Proverbs 14, Luke 1, Acts 14, Revelation 13
- **Saturday** Psalm 135, Proverbs 15, Luke 2, Acts 15, Revelation 14