



Room to Grow: Home Edition, Part 2 [May 1/2 Notes]
Resolving Conflict in Marriage

1. The resolution comes only by walking through the conflict and not around it.
2. Use kindness and compassion in dealing with conflict.
3. Be vulnerable and transparent with each other.
4. Have a full love bank.
5. Know our spouses love language.
 - Acts of Service
 - Physical Touch
 - Words of Affirmation
 - Gifts
 - Quality Time
6. Do things that speak to that love language.
7. Meet your spouse's emotional needs.
8. Become a good listener.
9. Take time to hear what each other is saying.
10. Develop a plan in advance.
11. Determine to not let conflict go underground.

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Resolving Conflict in Marriage

12. Believe the best – don't assume the worst.

Conflict helps marriages to get better. It depends on how we deal with the stuff that we have conflict over.

We work together as a team – don't throw darts at each other.

Need to walk into a disagreement or a discussion with the thought that it's not all about you.

Weekly Bible Reading [May 2-8]

This week, be intentional to continue your Bible reading. Consider reading along with Pastor Sam....

- **Sunday** Psalm 122, Proverbs 2, Mark 5, Acts 2, Revelation 1
- **Monday** Psalm 123, Proverbs 3, Mark 6, Acts 3, Revelation 2
- **Tuesday** Psalm 124, Proverbs 4, Mark 7, Acts 4, Revelation 3
- **Wednesday** Psalm 125, Proverbs 5, Mark 8, Acts 5, Revelation 4
- **Thursday** Psalm 126, Proverbs 6, Mark 9, Acts 6, Revelation 5
- **Friday** Psalm 127, Proverbs 7, Mark 10, Acts 7, Revelation 6
- **Saturday** Psalm 128, Proverbs 8, Mark 11, Acts 8, Revelation 7

